

Struggling with your energy bills?

We're here to help.



The British Gas Energy Trust is working with **Age Cymru Dyfed** to host free money and energy advice events

Events with Age Cymru Dyfed

Location	Date and time
Prince Philip Hospital, Bryngwyn Mawr, Llanelli SA14 8QF	19 May, 10am–1pm
Glangwili Hospital, Dolgwili Road, Carmarthen, SA31 2AF	20 May, 10am–1pm
Asda Llanelli, Murray Street, Llanelli, SA15 1BX	27 May, 10am–1pm
Tesco Ammanford, Park Street, Ammanford, SA18 2LR	28 May, 10am–1pm

Support available

- * In partnership with British Gas and 20 local charities, the Trust is running **120 money and energy advice events from September 2025 to August 2026.**
- * Open to everyone, attendees can speak with trained money and energy advisors, access support schemes, get help understanding bills, and receive free energy-saving devices.



Scan the QR code for the dates and locations of the events.

StepChange Debt Charity

StepChange Debt Charity offers you instant access to free, confidential and impartial help, available 24/7. Their service lets you start, pause and pick back up at a pace that works around you. Get started today at **www.stepchange.org**



For further details please visit
www.britishgasenergytrust.org.uk

