

Struggling with your energy bills?

We're here to help.



The British Gas Energy Trust is working with **Money A+E** to host free money and energy advice Pop-Ups

Events with Money A+E

Location	Date and time
Poplar Post Office, 22 Market Square, London, E14 6AB	17 & 18 February, 10am–1pm
Community Links, 105 Barking Road, Canning Town, London, E16 4HQ	24 & 25 February, 10am–1pm

Support available

- * In partnership with British Gas, the Post Office and 20 local charities, The Trust is running **120 money and energy advice Pop-Ups from September 2025 to August 2026**. Open to everyone, attendees can speak with trained money and energy advisors, access support schemes, get help understanding bills, and receive free energy-saving devices.
- * Come and learn about energy debt write-off grants worth up to £2,000 available to eligible credit and prepayment meter customers of any supplier.



Scan the QR code for the dates and locations of the Pop-Ups.

StepChange Debt Charity

StepChange Debt Charity offers you instant access to free, confidential and impartial help, available 24/7. Their service lets you start, pause and pick back up at a pace that works around you.

Get started today at www.stepchange.org



For further details please visit
www.britishgasenergytrust.org.uk

